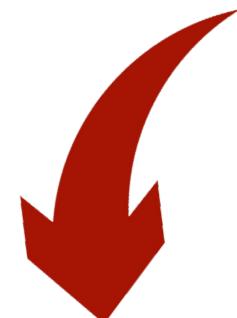


Government Shutdown and Your BASIC FOOD BENEFITS





What does it mean for YOU?

The partial federal shutdown is affecting the Basic Food program. If you or someone you know receives these benefits, here's what you need to know:

- **⇒ Basic Food EBT cards for February will be filled early**. Be sure to budget your benefits to last to the end of February.
- **You may not receive March benefits** if the shutdown is not resolved.
- ⇒ Find the location of your nearest food bank in case you run out of benefits. Call Parenthelp123's Family Food Hotline at 1-888-436-6392 or visit: resources.parenthelp123.org/resource_finder/service/food-banks.
- **⇒ Visit www.211.org or email help@211info.org for multiple resources** (in addition to food) specific to the government shutdown. To reach someone directly, dial 2-1-1 toll-free. If you are unable to connect by dialing 2-1-1, please call 1-877-211-9274 or text your zip code to 898211.

For ongoing updates on the impact of the partial federal shutdown on Basic Food benefits and other programs, visit the Economic Services Administration website at: dshs.wa.gov/esa.